

LAMPIRAN 4

OUTPUT

UJI NORMALITAS

Descriptives

		Statistic	Std. Error
Kadar Glukosa Darah Sewaktu	Mean	111,49	2,180
	95% Confidence Interval for Mean		
	Lower Bound	107,15	
	Upper Bound	115,83	
	5% Trimmed Mean	110,88	
	Median	108,50	
	Variance	380,329	
	Std. Deviation	19,502	
	Minimum	74	
	Maximum	160	
	Range	86	
	Interquartile Range	30	
	Skewness	,478	,269
	Kurtosis	-,208	,532
	Mean	1574,5565	60,94752
Asupan Energi	95% Confidence Interval for Mean		
	Lower Bound	1453,2435	
	Upper Bound	1695,8695	
	5% Trimmed Mean	1532,4889	
	Median	1512,4750	
	Variance	297168,050	
	Std. Deviation	545,13122	
	Minimum	709,10	
	Maximum	3284,43	
	Range	2575,33	
	Interquartile Range	617,79	
	Skewness	1,209	,269
	Kurtosis	1,468	,532
	Mean	41,3238	1,21184
	Asupan Protein	95% Confidence Interval for Mean	
Lower Bound		38,9116	
Upper Bound		43,7359	
5% Trimmed Mean		41,3049	
Median		41,5750	
Variance		117,485	
Std. Deviation		10,83905	
Minimum	15,80		

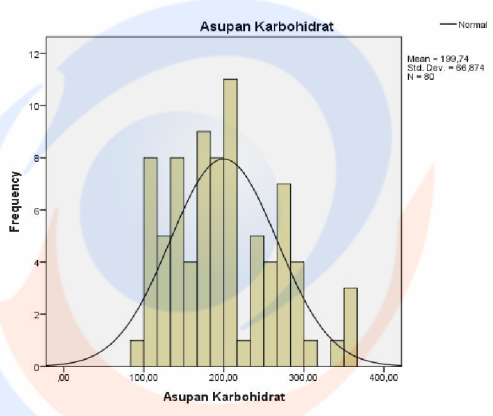
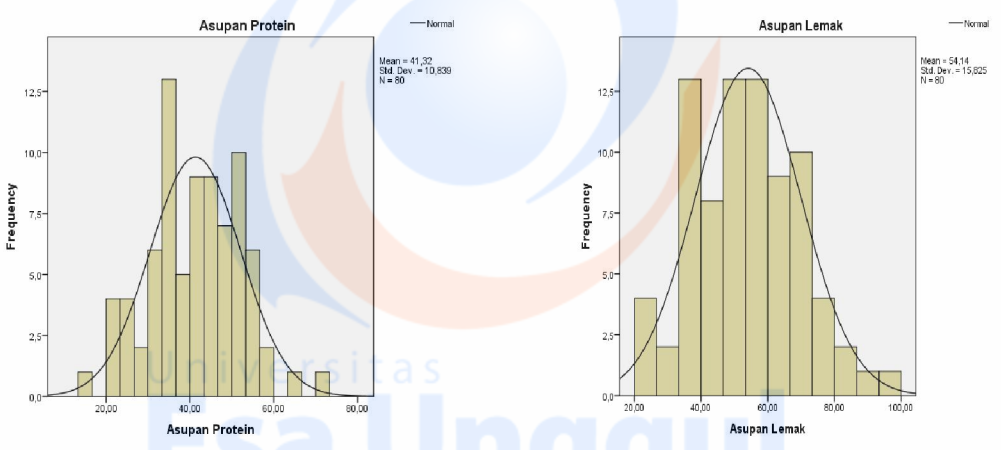
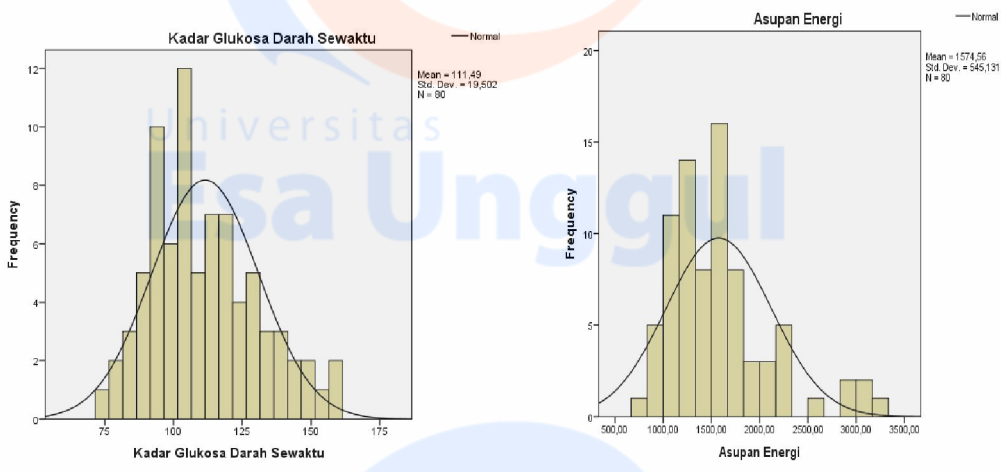
Asupan Lemak	Maximum	70,00		
	Range	54,20		
	Interquartile Range	16,21		
	Skewness	-,027	,269	
	Kurtosis	-,232	,532	
	Mean	54,1389	1,76925	
	95% Confidence Interval for Mean	Lower Bound	50,6173	
		Upper Bound	57,6605	
	5% Trimmed Mean	53,9439		
	Median	53,9000		
	Variance	250,421		
	Std. Deviation	15,82468		
	Minimum	22,00		
	Maximum	98,65		
Asupan Karbohidrat	Range	76,65		
	Interquartile Range	24,52		
	Skewness	,202	,269	
	Kurtosis	-,178	,532	
	Mean	199,7363	7,47674	
	95% Confidence Interval for Mean	Lower Bound	184,8542	
		Upper Bound	214,6183	
	5% Trimmed Mean	196,4047		
	Median	192,1500		
	Variance	4472,136		
	Std. Deviation	66,87403		
	Minimum	99,86		
	Maximum	366,55		
	Range	266,69		
Interquartile Range	104,48			
Skewness	,544	,269		
Kurtosis	-,270	,532		

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Kadar Glukosa Darah Sewaktu	,098	80	,054	,976	80	,129
Asupan Energi	,137	80	,001	,906	80	,000
Asupan Protein	,070	80	,200*	,988	80	,687
Asupan Lemak	,058	80	,200*	,990	80	,784

Asupan Karbohidrat	,097	80	,058	,958	80	,010
--------------------	------	----	------	------	----	------

*. This is a lower bound of the true significance.



DISTRIBUSI FREKUENSI

Kategori Jenis Kelamin Nasi Beras

	Frequency	Percent	Valid Percent	Cumulative Percent
Laki-laki	15	37,5	37,5	37,5
Valid Perempuan	25	62,5	62,5	100,0
Total	40	100,0	100,0	

Kategori Jenis Kelamin Nasi Singkong

	Frequency	Percent	Valid Percent	Cumulative Percent
Laki-laki	14	35,0	35,0	35,0
Valid Perempuan	26	65,0	65,0	100,0
Total	40	100,0	100,0	

Kategori Umur Nasi Beras

	Frequency	Percent	Valid Percent	Cumulative Percent
Dewasa Awal	13	32,5	32,5	32,5
Valid Dewasa Akhir	27	67,5	67,5	100,0
Total	40	100,0	100,0	

Kategori Umur Nasi Singkong

	Frequency	Percent	Valid Percent	Cumulative Percent
Dewasa Awal	5	12,5	12,5	12,5
Valid Dewasa Akhir	35	87,5	87,5	100,0
Total	40	100,0	100,0	

Kategori Pendidikan Nasi Beras

	Frequency	Percent	Valid Percent	Cumulative Percent
SD	8	20,0	20,0	20,0
Valid SMP	18	45,0	45,0	65,0
SMA	13	32,5	32,5	97,5
PT	1	2,5	2,5	100,0

Total	40	100,0	100,0
-------	----	-------	-------

Kategori Pendidikan Nasi Singkong

	Frequency	Percent	Valid Percent	Cumulative Percent
SD	17	42,5	42,5	42,5
SMP	8	20,0	20,0	62,5
Valid SMA	9	22,5	22,5	85,0
PT	6	15,0	15,0	100,0
Total	40	100,0	100,0	

Kategori Pendapatan Nasi Singkong

	Frequency	Percent	Valid Percent	Cumulative Percent
Rendah	30	75,0	75,0	75,0
Valid Tinggi	10	25,0	25,0	100,0
Total	40	100,0	100,0	

Kategori Pendapatan Nasi Beras

	Frequency	Percent	Valid Percent	Cumulative Percent
Rendah	33	82,5	82,5	82,5
Valid Tinggi	7	17,5	17,5	100,0
Total	40	100,0	100,0	

Descriptive Statistics Nasi Singkong

	N	Minimum	Maximum	Mean		Std. Deviation
	Statistic	Statistic	Statistic	Statistic	Std. Error	Statistic
Kadar Glukosa Darah Sewaktu	40	74	160	105,88	3,272	20,691
Asupan Energi	40	840,45	2307,90	1390,4450	54,77976	346,45761
Asupan Protein	40	20,75	70,00	39,1538	1,77793	11,24460
Asupan Lemak	40	22,00	98,65	49,7315	2,53529	16,03460
Asupan Karbohidrat	40	100,30	299,05	184,6718	7,59179	48,01467
Valid N (listwise)	40					

Descriptive Statistics Nasi Beras

	N	Minimum	Maximum	Mean		Std. Deviation
	Statistic	Statistic	Statistic	Statistic	Std. Error	Statistic
Kadar Glukosa Darah Sewaktu	40	90	160	117,10	2,635	16,664
Asupan Energi	40	709,10	3284,43	1758,6680	101,53700	642,17639
Asupan Protein	40	15,80	59,70	43,4938	1,59595	10,09367
Asupan Lemak	40	24,40	87,60	58,5462	2,29297	14,50199
Asupan Karbohidrat	40	99,86	366,55	214,8008	12,53796	79,29702
Valid N (listwise)	40					

ANALISIS BIVARIAT

Perbedaan Kadar Glukosa Darah Berdasarkan Jenis Makanan Pokok

Group Statistics

	Jenis Makanan Pokok	N	Mean	Std. Deviation	Std. Error Mean
Kadar Glukosa Darah Sewaktu	Nasi Singkong	40	105,88	20,691	3,272
	Nasi Beras	40	117,10	16,664	2,635

Independent Samples Test

	Levene's Test for Equality of Variances	t-test for Equality of Means								
		F	Sig.	T	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Kadar Glukosa Darah Sewaktu	Equal variances assumed	2,452	,121	-2,672	78	,009	-11,225	4,201	-19,588	-2,862
	Equal variances not assumed			-2,672	74,611	,009	-11,225	4,201	-19,594	-2,856

Perbedaan Asupan Protein Berdasarkan Jenis Makanan Pokok

Group Statistics

	Jenis Makanan Pokok	N	Mean	Std. Deviation	Std. Error Mean
Asupan Protein	Nasi Singkong	40	39,1538	11,24460	1,77793
	Nasi Beras	40	43,4938	10,09367	1,59595

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
								Lower		Upper
Asupan Protein	Equal variances assumed	,420	,519	-1,817	78	,073	-4,34000	2,38916	-9,09645	,41645
	Equal variances not assumed			-1,817	77,108	,073	-4,34000	2,38916	-9,09732	,41732

Perbedaan Asupan Energi Berdasarkan Jenis Makanan Pokok

Mann-Whitney Test

Ranks

	Jenis Makanan Pokok	N	Mean Rank	Sum of Ranks
Asupan Energi	Nasi Singkong	40	33,45	1338,00
	Nasi Beras	40	47,55	1902,00
	Total	80		

Test Statistics^a

	Asupan Energi
Mann-Whitney U	518,000
Wilcoxon W	1338,000
Z	-2,714
Asymp. Sig. (2-tailed)	,007

a. Grouping Variable: Jenis Makanan
Pokok

Perbedaan Asupan Karbohidrat Berdasarkan Jenis Makanan Pokok

Group Statistics

	Jenis Makanan Pokok	N	Mean	Std. Deviation	Std. Error Mean
Asupan Karbohidrat	Nasi Singkong	40	184,6718	48,01467	7,59179
	Nasi Beras	40	214,8007	79,29702	12,53796

Independent Samples Test

	Levene's Test for Equality of Variances	t-test for Equality of Means								
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Asupan Karbohidrat	Equal variances assumed	17,288	,000	-2,056	78	,043	-30,12900	14,65727	59,30939	-,94861
	Equal variances not assumed			-2,056	64,209	,044	-30,12900	14,65727	59,40843	-,84957

Perbedaan Asupan Lemak Berdasarkan Jenis Makanan Pokok

Group Statistics

	Jenis Makanan Pokok	N	Mean	Std. Deviation	Std. Error Mean
Asupan Lemak	Nasi Singkong	40	49,7315	16,03460	2,53529
	Nasi Beras	40	58,5462	14,50199	2,29297

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
								Lower	Upper	
Asupan Lemak	Equal variances assumed	,244	,623	-2,579	78	,012	-8,81475	3,41839	15,62024	-2,00926
	Equal variances not assumed			-2,579	77,226	,012	-8,81475	3,41839	15,62132	-2,00818